

## Recording 1 SOAP Note:

### Subjective:

The patient reports thin side, accident, fracture, slipped, pressure on my wrist, dog fracture, bone was broken, back was killing me, bones are kind of thin, fall, back was kind of killing me, squished, painful, pain, osteoporosis, thinning of the bones, thin bones, broke her arm, menopause, bother my nerves, anxious, frustration in your voice, bones better, pregnant, sick, shakes, caught up in knots, can't sleep, nightmares, stressful, anxiety, overwhelmed, fractures, calcium get into the bones, strengthen the bone.

### Objective:

Observed findings include x-ray, cast on, chest x-ray, orthopedic surgery, physio test, medications, tests, drugs, bone mineral density test, medication, cutting down on smoking, regular exercise, bisphosphonates, bone test. Also, behaviours and conditions as alcohol, drink, beer, smoking, smoke.

### Assessment:

The primary concerns are bones, hand, wrist, bone, chest, back, spine bones, hip, arm, nerves.

### Plan:

The recommended actions include ibuprofen, calcium, vitamin d., vitamin d.